

Mary C. O'Brien Elementary School April 2026




Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pancakes or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Waffles or Cereal and or cheese stick Fruit / Juice / Milk
		01 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	02 Lunch Cheeseburger Broccoli / Carrots Fruit / Juice / Milk	03 No School!
06 No School!	07 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	08 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	09 Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	10 Lunch Pizza Veggies Fruit / Juice / Milk
13 Corndog Carrots / green peas Fruit / Juice / Milk	14 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	15 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	16 Lunch Cheeseburger Broccoli / Carrots Fruit / Juice / Milk	17 Lunch Pizza Veggies Fruit / Juice / Milk
20 Lunch Hot dog Carrots / green peas Fruit / Juice / Milk	21 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	22 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	23 Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	24 Lunch Pizza Veggies Fruit / Juice / Milk
27 Corndog Carrots / green peas Fruit / Juice / Milk	28 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	29 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	30 Lunch Cheeseburger Broccoli / Carrots Fruit / Juice / Milk	
	A healthy diet and exercise are KEY to being fit!	Breakfast Menu Nutrient AVG Calories 423 Sodium (mg) 429 Total Fat (g) 4.4 Saturated Fat (g) 1.38 Trans Fat' (g) 0.00	Lunch Menu Nutrient AVG Calories 624 Sodium (mg) 917 Total Fat (g) 13 Saturated Fat (g) 3.86 Trans Fat' (g) 0.00	

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability. USDA is an equal opportunity provider.