

Mary C. O'Brien Elementary School March 2026

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Breakfast</p> <p>Pancakes or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast</p> <p>Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast</p> <p>Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast</p> <p>Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast</p> <p>Waffles or Cereal and or cheese stick Fruit / Juice / Milk</p>
	A healthy diet and exercise are KEY to being fit!			
02 Corndog Carrots / green peas Fruit / Juice / Milk	03 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	04 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	05 Lunch Cheeseburger Broccoli / Carrots Fruit / Juice / Milk	06 Lunch Pizza Veggies Fruit / Juice / Milk
09	10	11 ← SPRING BREAK →	12	13
16 Corndog Carrots / green peas Fruit / Juice / Milk	17 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	18 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	19 Lunch Cheeseburger Broccoli / Carrots Fruit / Juice / Milk	20 Lunch Pizza Veggies Fruit / Juice / Milk
23 Lunch Hot dog Carrots / green peas Fruit / Juice / Milk	24 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	25 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	26 Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	27 Lunch Pizza Veggies Fruit / Juice / Milk
30 Lunch Corndog Carrots / green peas Fruit / Juice / Milk	31 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	<p>Breakfast Menu Nutrient AVG</p> <p>Calories 423 Sodium (mg) 429 Total Fat (g) 4.4 Saturated Fat (g) 1.38 Trans Fat' (g) 0.00</p>	<p>Lunch Menu Nutrient AVG</p> <p>Calories 624 Sodium (mg) 917 Total Fat (g) 13 Saturated Fat (g) 3.86 Trans Fat' (g) 0.00</p>	

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability.



USDA is an equal opportunity provider.