

# Villa Oasis High School - May 2025






**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>Breakfast</b> Choice of:  Bagel w/ cream cheese <b>or</b> Muffin, banana nut <b>or</b> Cinnamon swirl <b>or</b> Peanut butter and jelly s/w <b>or</b> Cereal <b>and or</b> cheese stick Fruit / Juice / Milk</p>	<p><b>Breakfast</b> Choice of:  Bagel w/ cream cheese <b>or</b> Muffin, banana nut <b>or</b> Cinnamon swirl <b>or</b> Peanut butter and jelly s/w <b>or</b> Cereal <b>and or</b> cheese stick Fruit / Juice / Milk</p>	<p><b>Breakfast</b> Choice of:  Bagel w/ cream cheese <b>or</b> Muffin, banana nut <b>or</b> Cinnamon swirl <b>or</b> Peanut butter and jelly s/w <b>or</b> Cereal <b>and or</b> cheese stick Fruit / Juice / Milk</p>	<p><b>Breakfast</b> Choice of:  Bagel w/ cream cheese <b>or</b> Muffin, banana nut <b>or</b> Cinnamon swirl <b>or</b> Peanut butter and jelly s/w <b>or</b> Cereal <b>and or</b> cheese stick Fruit / Juice / Milk</p>	<p><b>Breakfast</b> Choice of:  Bagel w/ cream cheese <b>or</b> Muffin, banana nut <b>or</b> Cinnamon swirl <b>or</b> Peanut butter and jelly s/w <b>or</b> Cereal <b>and or</b> cheese stick Fruit / Juice / Milk</p>	
			<p><b>01 Lunch</b> Spaghetti, roll <b>or</b> Pizza Broccoli /Carrots Fruit / Juice / Milk</p>	<p><b>02 Lunch</b> Hotdog <b>or</b> Cheeseburger Potatoes/veggies Fruit / Juice / Milk</p>	<p><b>Breakfast Nutrient AVG</b> Calories 458 Sodium (mg) 427 Total Fat (g) 6.28 Saturated Fat (g) 2.65 Trans Fat<sup>1</sup> (g) 0.00</p>
<p><b>05 Cinco de Mayo</b>  Tacos, rice Beans / Corn Fruit / Juice / Milk</p>	<p><b>06 Lunch</b> Chicken tenders w/cookie <b>or</b> Corndog Potatoes / Veggies Fruit / Juice / Milk</p>	<p><b>07 Lunch</b> Nachos <b>or</b> Chicken quesadilla Beans / Corn Fruit / Juice / Milk</p>	<p><b>08 Lunch</b> Spaghetti, roll <b>or</b> Pizza Broccoli /Carrots Fruit / Juice / Milk</p>	<p><b>09 Lunch</b> Hotdog <b>or</b> Cheeseburger Potatoes/veggies Fruit / Juice / Milk</p>	<p><b>Lunch Nutrient AVG</b> Calories 767 Sodium (mg) 1060 Total Fat (g) 21.68 Saturated Fat (g) 6.19 Trans Fat<sup>1</sup> (g) 0</p>
<p><b>12 Lunch</b> Chicken burger <b>or</b> Ham and cheese s/w Baked beans / Potatoes Fruit / Juice / Milk</p>	<p><b>13 Lunch</b> Chicken tenders w/cookie <b>or</b> Corndog Potatoes / Veggies Fruit / Juice / Milk</p>	<p><b>14 Lunch</b> Tacos <b>or</b> Chicken quesadilla Beans / Corn Fruit / Juice / Milk</p>	<p><b>15 Lunch</b> Spaghetti, roll <b>or</b> Pizza Broccoli /Carrots Fruit / Juice / Milk</p>	<p><b>16 Lunch</b> Hotdog <b>or</b> Cheeseburger Potatoes/veggies Fruit / Juice / Milk</p>	
<p><b>19 Lunch</b> Chicken burger <b>or</b> Ham and cheese s/w Baked beans / Potatoes Fruit / Juice / Milk</p>	<p><b>20 Lunch</b> Chicken tenders w/cookie <b>or</b> Corndog Potatoes / Veggies Fruit / Juice / Milk</p>	<p><b>21 Lunch</b> Tacos <b>or</b> Chicken quesadilla Beans / Corn Fruit / Juice / Milk</p>	<p><b>22</b></p>	<p><b>23</b></p>	<p>Happy Cinco de Mayo!</p>
					

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability.  
USDA is an equal opportunity provider.